

Re: An idea - Seniors Stretch



Joe Alati <jalati@townofmendon.org>

Tue, Jun 16,
12:10 PM

to Amy, lisa

I think that's a good idea but we would not want to prevent residents from attending because the class was full with outside folks. If the seats are not full by the end of the month then perhaps we open it up. Might need to ask the board to weigh in on this.

Joe Alati

Supervisor, Town of Mendon

16 West Main Street

Honeoye Falls, New York 14472

585.624.6061

On Tue, Jun 16, 2026 at 12:07 PM Amy Harris <aharris@townofmendon.org> wrote:

Thoughts on whether this should be added to the July TB agenda?

Amy Harris

Executive Administrator

Office of Town of Mendon Supervisor Joe Alati

16 West Main St.

Honeoye Falls, NY 14472

585.582.6357

On Fri, Jun 5, 2026 at 10:03 AM Amy Harris <aharris@townofmendon.org> wrote:

Amy Harris

Executive Administrator

Office of Town of Mendon Supervisor Joe Alati

16 West Main St.

Honeoye Falls, NY 14472

585.582.6357

On Thu, Jun 4, 2026 at 9:46 AM Amy Harris <aharris@townofmendon.org> wrote:

Please let me know ASAP as this could be an Agenda item.

Amy Harris

Executive Administrator

Office of Town of Mendon Supervisor Joe Alati

16 West Main St.

Honeoye Falls, NY 14472

585.582.6357

On Mon, Jun 1, 2026 at 12:49 PM Amy Harris <aharris@townofmendon.org> wrote:

Thoughts?

Amy Harris

Executive Administrator

Office of Town of Mendon Supervisor Joe Alati

16 West Main St.

Honeoye Falls, NY 14472

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----- Forwarded message -----

From: **Lisa Hochgraf**

Date: Fri, May 29, 2026 at 2:18 PM

Subject: An idea

To: Amy Harris <aharris@townofmendon.org>, Hilary Stott>

Hi Amy,

I'm doing an email to my Feldenkrais list and removing a bunch of people who live nearby but not in Mendon. Have you considered opening Seniors Stretch to non-residents and charging them a small fee? Not sure if that might be possible under the grant.

No pressure, just a thought!

Thanks, Lisa